



which means that we will have met our end of year target for this key infection control indicator.



**Salisbury**

NHS Foundation Trust

**The Trust ended the financial year delivering its control deficit**

The Trust has met its 2018/19 NHS Improvement control total deficit (subject to audit).

T

patients and our local community. Nominations



**Your essential guide to what's going on in health and care across B&NES,  
Swindon and Wiltshire**



## Prevention better than cure across BSW

The NHS's vision to make prevention a key priority over the coming years was one of the main messages highlighted in the Long Term Plan at the beginning of the year.

Prevention and proactive care is a key programme and BSW is well placed to play a much greater role in helping local people to be healthy and live well.

The prevention work programme across BSW, which is headed-up by Wiltshire Council's Director of Public Health Tracy Daszkiewicz, gathers together a number of important areas including making all NHS sites across BSW smoke free, a diabetes prevention programme and increasing the number of people receiving flu vaccinations.

The BSW Sponsoring Board recently agreed



that a preventative approach to health and care would be embedded in the work of all organisations within BSW.

“Encouraging, supporting and enabling people to be more proactive about their health and wellbeing and connected to their community at all stages of their lives is a critical factor in the success and sustainability of health and care services and in reducing the inequalities in health outcomes across BSW,” Tracy said.

## Tackling the diabetes crisis

People across BSW most at risk of developing type two diabetes are being encouraged to accept an invitation to a free course that could help prevent the condition.

Designed to help people eat well and become more active, the Healthier You programme supports individuals over a nine-month period to reverse early symptoms of diabetes.

Around 59,000 adults in BSW are at risk of developing the condition – and all of them are eligible to attend the programme. Around 7,000 people from the area have already taken up the invitation, but many are missing out on the opportunity to take part in the course.

Dr Ayoola Oyinloye, Consultant in Public Health Medicine, said the course represented a step forwards in terms of helping to prevent diabetes across the region.

“Type two diabetes is largely preventable, and this programme gives people most at risk the power to take back control of their own health and make the changes that could add years to their life and life to their years,” he said

Janet Tooze, 68, took part in the programme after finding out she was at risk of developing the condition.

“The course gave me a gradual education of what was right and what was wrong, and how to make the correct choices. But it was done in such a way that made me really want to do it. Now I’ve lost more than a stone and people keep telling me how great I’m looking.”

Although patients cannot self-refer to the programme, more information can be found by talking to a GP or visiting [www.nhs.uk/conditions/type-2-diabetes](http://www.nhs.uk/conditions/type-2-diabetes)

# BSW Clinicians continue developing integrated health and care strategy

Leading clinicians from across BSW came together for a workshop meeting recently to help drive forward and further develop a system-wide integrated health and care strategy for the region.

Representatives from primary and secondary care, CCGs, hospital trusts, mental health services, social care and the voluntary sector attended the event and shared their views and suggestions for inclusion in the developing strategy.

They also heard from Professor Al Mulley, Professor of Medicine at Dartmouth Medical School in the US and an expert in transforming the delivery of health services through innovations that produce better value for patients. Professor Mulley spoke about the importance of involving patients in decision making about their own care and how this approach could be further embedded around the BSW area.

Dr Ian Orpen and Dr Christine Blanshard -

co-chairs of BSW's Clinical Board - also spoke at the event, outlining BSW's clinical model and encouraging clinicians to take ownership of the way health and care

**STOP PRESS**